

SUCCESSFUL ELITE TRAINING CAMPS

This year's OWF Elite Training Camp was held in two locations. Samoa and New Caledonia.

Lifters from Australia, New Zealand, Marshall Islands, Nauru, Papua New Guinea, Solomon Islands, Tuvalu, Samoa, American Samoa, Kiribati, and New Caledonia attended these two training camps. The training camps were separated due to the vast numbers of athletes attending. Both camps produced excellent results from those lifters who attended.

There are great expectations from all of the lifters for the upcoming Pacific Games to be held in Apia from July 9th to 13th.

In New Caledonia at the Oceania Weightlifting Institute, we also had the pleasure of having the French female junior team training during the camp, as they were preparing for the World Junior Championships starting this weekend in Suva, Fiji. We also had the honour of having Jean-Paul Bulgaridhes the President of the French Weightlifting Federation, in New Caledonia during the elite training camp. He enjoyed the atmosphere tremendously.



SAMOA CAMP



NEW CALEDONIA CAMP

In Samoa, Jerry Wallwork, who was running the camp, also had the pleasure of having the President of the American Samoa Olympic Committee Mr Ed Emo attending the camp.

We would like to thank the IWF and in particular Dr. Tamas Ajan, for providing the funds to run the camp through the IWF Continental Development program. These elite training camps have been enormously successful since 2016, when the first one was held in preparation for the Rio Olympic Games. The 2018 training camp was held at the Oceania Weightlifting Institute prior to the Commonwealth Games. The camp was a marvellous success. Those lifters who attended won gold, silver and bronze medals at the Gold Coast. Now this year's group is looking forward to the Pacific Games with great anticipation.



NEW ZEALAND SQUAD



AUSTRALIAN SQUAD



THE OCEANIA WEIGHTLIFTING INSTITUTE IN ACTION DURING THE CAMP.



DAVID LITI (NZL) SQUATTING 265Kg FOR REPS



THE SAMOA WEIGHTLIFTING CENTRE IN ACTION DURING THE CAMP.



TANUMAFILI JUNGBLUT (AMERICAN SAMOA) TRAINING IN SAMOA.



FEAGAIGA STOWERS -COMMONWEALTH GOLD MEDALIST TRAINING .



THE FRENCH JUNIOR FEMALE TEAM TRAINING AT THE INSTITUTE IN PREPARATION FOR THE WORLD JUNIORS



JEAN-PAUL BULGARIDHES , PRESIDENT OF THE FRENCH WEIGHTLIFTING FEDERATION RECEIVING A GIFT FROM CHARLES CALI PRESIDENT OF NCL OLYMPIC COMMITTEE (CTOS.)



LATEST NEWS:

PNG Sports Award:

Weightlifting Scoops the night - **Dika Toua** and **Steven Kari** won the Sportswoman and Sportsman of the Year at the 27TH Annual SP Awards held in Port Moresby on Saturday the 25th of May. Both athletes have won this award in previous years. A great achievement for weightlifting in PNG. The PNG Weightlifting Federation should be congratulated on producing such high calibre athletes year after year.





IWF Junior World Championships: Starting on 1st June, the World Junior Championships will be held in Suva, Fiji. This will be the first world event at junior level to be held in our region. These are the lifters from the Oceania region who will be in Suva competing.

Fiji:

61Kg Taukenikoro Maika
67Kg Samuela Nasila
67Kg Maloni Sadranu
96Kg Timothy Vakuruivalu
59Kg Adi-Wini Mekula
64Kg Rebecca Johns
81Kg MereWalesi Vusonitokalau
87Kg Helen Seipua

Nauru

61Kg Shadrack Cain
67Kg Ezekiel Moses
73Kg Brocka Scotty
73Kg Larko Doguape
73Kg Uea Detunamo
89Kg Marcincy Cook
55Kg Syisha Cain
59Kg Nancy Abouke
59Kg Bernada Uepa
71Kg Jaquilla Mau
76Kg J-La Agir
87Kg Roviell Detenamo

Samoa

81Kg Jack Opeloge
89Kg Don Opeloge
96Kg Nanai Livi
59Kg Isaia Sekolasitika
76Kg Sive Petelo
87Kg Lesila Fiapule
+87Kg Feagaiga Stowers

Australia:

89Kg Kyle Bruce
96Kg Benjamin Ward
64Kg Sabah Chamoun
71Kg Isabel Harrison Lorenzi

New Zealand:

55Kg Stella Hampton
59Kg Renae Miller
64Kg Samara Wright
71Kg Piper Gwyn
71Kg Samantha Hansen
76Kg Kanah Andrews-Nahu

Marshall Islands:

55Kg Mike Ricklon
61Kg Joshua Ralpho

ELEIKO

RAISE THE BAR

Paul Coffa MBE
OWF GENERAL SECRETARY